Santé Québec Montérégie-Ouest

To the students and parents of secondary 3 and to students born between October 1st 2011 and September 30th 2012

Subject: Vaccination for the 2026-2027 school year

Dear students and parents,

Free vaccination clinics will be held at the school for all secondary 3 students. In Quebec, the legal age for consent to health care is 14. Therefore, your child can give their own consent for vaccination. This information is addressed to you in order to encourage a discussion with your child.

Extract from the Civil Code of Quebec (1991, c. 64, a. 14): A minor 14 years of age and over, however, may consent alone to care required by the state of health.

- Vaccinations dates at Howard S. Billings Regional High School : December 1st and 2nd, 2026
- 2nd date of vaccination *(for select students only)* : June 2, 2027

Vaccination day

- Please make sure that your child has his vaccination booklet and that he brings it to school;
- Wear a short sleeved shirt.

Vaccines offered to every student

The school nurse will meet all of the students in secondary 3 and those of eligible age, to explain the vaccines that will be offered to them. Take the time to discuss vaccination as a family. For more information, consult the Vaccination section of the Quebec government website at the following address: Québec.ca/vaccination (or via the QR code at the bottom of the page).

- The vaccine against diphtheria and tetanus is recommended for all students; tetanus and diphtheria are very serious diseases caused by bacteria. That's why it's important for teenagers to receive a vaccine that maintains their protection against these diseases.

- The meningococcal vaccine protects against severe illnesses like meningitis and blood poisoning. A dose is recommended for all adolescents.

- The hepatitis B vaccine protects against liver infection, which can lead to complications such as permanent liver damage.

- Vaccination update :the nurse will check your child's vaccination booklet to make sure that they have received all the vaccines recommended for their age against diphtheria, tetanus, pertussis (whooping cough), poliomyelitis, measles, rubella, mumps, varicella (chickenpox), hepatitis A, hepatitis B and human papilloma virus (HPV).

If your child has a chronic illness or a weakened immune system, the nurse must be informed. She will be able to advise your child on the additional vaccines that are indicated, as well as the appropriate time to receive them free of charge.

It is now possible to be vaccinated outside the school setting via the platform «clicsanté.ca»

If you have questions, please contact the school nurse.

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Thank you for your cooperation.