

2024-2025



## HOWARD S. BILLINGS HIGH SCHOOL Grade 10 Course Selection

### PROCEDURES

#### Course Selection for the next year takes place in the spring:

This document contains all the information needed about compulsory and option courses for the next school year for their grade level. Students will receive the Course Selection form by email (student's NFSB email).

**Section A)** Students will automatically be enrolled in the Compulsory courses listed.

**Section B)** Students must **select an option** for Compulsory courses listed.

**Section C)** Students are to **select one Elective courses** from those listed.

Students must submit their course selections electronically before **May 3, 2024**. Be sure to adhere to the deadline for course selection so that you will not be disappointed. Delay in returning your course option selection form may result in you not getting your choice of options.

Parents and/or students are welcome to call or make an appointment to meet with the Guidance Counsellor if they wish to discuss course option selections. **Students may request changes to their option selection with parental permission up to the end of June or during course option change period, which starts during the 2<sup>nd</sup> week of September and runs for 1 week only. Request for Course Change forms must be completed.**

**PLEASE!!  
NOTE**

Students: When setting your educational goals, and subsequently selecting your courses, you are making a commitment. Great care is required in choosing your options since changing from one option to another later may be difficult or even impossible. To help you decide which option(s) you might select, please read the next section on High School Diploma requirements, CEGEP entrance and specific programme requirements, as well as Adult Education Vocational training programme requirements.

### Have Questions?

Chat with our HSB Academic Advisor, Mrs Yvonne Williams in person or by email.

[ywilliams@nfsb.qc.ca](mailto:ywilliams@nfsb.qc.ca)



## Section A) Compulsory Courses

Students will automatically be enrolled in these classes.

<b>English Language Arts</b>	MEES Code: 632406 -6 credits	
<b>Science and Technology</b>	MEES Code: 555444 -4 credits	✓ Graduation Requirement
<b>History of Quebec and Canada</b>	MEES Code: 585404 -4 credits	✓ Graduation Requirement
<b>Physical Education</b>	MEES Code: 543402 -2 credits	

## Section B) Compulsory Courses with options

Students will choose which option they would like to register for from those courses listed below.

Course	Description
<b>FRENCH AS A SECOND LANGUAGE OPTIONS</b>	
Students choose ONE:	
<b>French as a Second Language -de Base</b> MEES Code: 634404 -4 credits	The goal and design of this French program at the Secondary IV level is to improve oral skills, to encourage reading, writing properly, and acquire a deeper understanding of the French language.
<b>OR</b>	
<b>French as a Second Language -Enrichi</b> MEES Code: 635406- 6 credits	<b>Prerequisite: Teacher recommendation</b> As per the specifications outlined by the MEES, this French as a Second Language course will further their knowledge of French culture and bring a deeper understanding of grammar concepts.
<b>MATHEMATICS OPTIONS</b>	
Students choose ONE:	
<b>Mathematics - Cultural, Social and Technical Option (CST)</b> MEES Code: 563414 -4 credits	This course is designed for students who are heading toward professional training, technical & trade programmes and pre-university programmes in Arts and Social sciences. Emphasis will be on performing tasks & interpreting the results and applying them to real life situations. The course includes: Algebra, Probability, Geometry and Statistics
<b>OR</b>	
<b>Mathematics - Science Option (SN)</b> MEES Code: 565426 -6 credits	<b>Prerequisite: recommended minimum 75% in grade 9 Math and perform well on a placement exam.</b> This course is designed for students who are heading toward technical programmes in many fields in CEGEP as well as pre-university programmes in technologies and sciences. Emphasis will be on performing tasks, on abstract theorizing, origins and functionality of certain phenomenon, research procedures, and subject matter from the field of science. The course includes: Algebra, Geometry and Statistics

CREATIVE ARTS COMPULSORY COURSES		✓ Graduation Requirement
Students choose ONE:		
<b>Drama IV</b> MEES Code: 670402 -2 credits	<b>Prerequisite: Secondary 3 Drama</b> Students should be familiar with stage terms, scripts, acting technique and the value of body & vocal warm-ups. Improvisations are at a more difficult level and are derived from what is learned in each chapter of the text. Criticism is an essential part of developing competence. Students work on improvisations and on memorized scenes that are performed at the end of each term.	
<b>Visual Art IV</b> MEES Code: 668402 -2 credits	<b>Prerequisite: Secondary 3 Visual Art</b> Students will explore a variety of art materials to create painted self-portraits, assemblages & collages, charcoal sketches, papier-mâché sculptures, origami, pastel illustrations... etc. Students may gain inspiration from artists throughout history, from the Neanderthal cave paintings to Andy Warhol's Pop Art.	

## Section C) Elective Courses

Students will choose one (1) from the courses listed below.

Note: Courses will be offered based on enrolment and staffing.

**Students will be enrolled in one (1) of the following options:**

Course	Description
<b>Environmental Science &amp; Technology</b> MEES Code: 558404 -4 credits	The program emphasizes scientific skills and citizenship, paying special attention to the development of students' critical judgment. This course will address addition concepts, methods and attitudes dealt with in the Science & Technology course. It also includes the issues of energy, residual materials, and food production. <b>NOTE: This course is a prerequisite for Chemistry &amp; Physics options offered in grade 11 and must be taken together with the regular Science and Technology 404 course. Teacher recommendation required.</b>
<b>Home Economics</b> MEES Code: 620464 -4 credits	The focus of this class will be on different kitchen and food safety, healthy food choices and measurement. Students will be responsible for both seat work and lab work. Kitchen work will comprise of cooking as well as the cleaning of supplies used. Course fee: \$75 to defray the cost of the food prepared and consumed in the course
<b>Art IV</b> MEES Code: 668404 -4 credits	In this class you will explore the fundamentals of art by using a broader set of materials than in a regular art class. Drawing, sketching, painting, printing, carving, and engraving techniques are explored using specialized materials. If you enjoy drawing, and trying out new materials, then this class is for you!
<b>Advanced Physical Education</b> MEES Code: 546444 -4 credits	Advanced Phys Ed is a 4-credit elective for all Secondary IV students. Skill development is a focus so that students can play each sport to their best capabilities in game-type situations. This is an opportunity for grade 10 students to be more active and have more Phys. Ed. in their schedule. The proper Phys. Ed. uniform and class participation are mandatory.
<b>Study Methods</b> MEES Code: 617444 -4 credits	Students will work on developing more effective ways to manage schoolwork and learn ways to increase their knowledge retention for tests and exams. This elective will also provide students with extra time and support in the completion of their schoolwork.
<b>Strategies to cope with Anxiety</b> MEES Code: 617444 -4 credits	A class focused on learning practical strategies to tackle anxiety. Discover how stress affects us and explore techniques like deep breathing, mindfulness, and positive self-talk to calm the mind. Through interactive activities and discussions, build skills to manage overwhelming feelings and boost resilience. Learn about healthy habits that can reduce anxiety, including exercise and sleep. Gain confidence in understanding and handling anxiety, empowering you to navigate high school and beyond with a balanced approach to mental wellness.
<b>Film Studies</b> <b>"Movies are stories too!"</b> MEES Code: 630464 -4 credits	The purpose of this course is to introduce students to the art of filmmaking. You will be exposed to the basic elements of producing a variety of different cinematic forms, including, but not limited to computer-generated animation, stop-motion animation, drama and suspense. You will also be introduced to the basic concepts of screenplay writing, storyboarding, sound, lighting, filming, and editing. This will be done through both film analysis and hands-on experience. No special equipment is required.

# Please note that Course Selection is dependent on: Promotion from Grade 9 to Grade 10

In **Grade 9**, students must pass 2 out of 3 core subjects (*English, French, Mathematics*) and 2 out of 3 of *Science, History, and CCQ*.

## Subject-specific Promotion

If a student is promoted to Grade 10 on the criteria above, the following conditions will apply to any course that a student fails:

### What happens if I don't pass:

<b>English Language Arts</b>	You will have a probational placement in Grade 10 with a Grade 9 course code. If successful after Term 1 (passing mark), you will be switched into Grade 10.	If you do not pass after Term 1, you will remain in Grade 9 and will no longer be on track to graduate on time.
<b>French as a Second Language</b>	You will have a probational placement in Grade 10 with a Grade 9 course code. If successful after Term 1 (passing mark), you will be switched into Grade 10.	If you do not pass after Term 1, you will remain in Grade 9 and will no longer be on track to graduate on time.
<b>Mathematics</b>	You will remain in Grade 9 Math.	You must pass it the second time you take it, or you will no longer be on track to graduate on time.
<b>Science and Technology</b>	You will lose your option course and take a repeater class designed to help you pass Grade 10 Science.	Grade 10 Science is a graduation requirement.