

SEPTEMBER 2023 NEWSLETTER



COMMUNITY SERVICES FOR THE FAMILIES OF THE GREATER CHATEAUGUAY AREA.

"IT TAKES A WHOLE VILLAGE TO RAISE A CHILD"
- AFRICAN PROVERB

Dear students and parents, we are pleased to present some services offered by community organizations that might interest you.
Enjoy your reading!

Review of Bien équipé pour la Rentrée 2023 Program

Since 2017, hundreds of children in the territory have received the necessary school supplies through the **Bien équipé pour la rentrée 2023** program.

In addition, the organization issued a Entraide Mercier gift card valued at \$50, per child enrolled in the program, to enable the shopping for the back to school. Again this year was a great success. Indeed 287 children benefited from material aid.

Note that the program returns every year. This is an appointment for 2024-2025.



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**\$2 spaghetti dinner, information booths, Éducazoo
and more!**

IMPORTANT



CHÂTEAUGUAY

4 OCTOBRE 2023

École Harmony School

16h30 - 18h30

280 Av. Brahms, Châteauguay

BIENVENUE À TOUTE LA POPULATION

Everyone is welcome



**20+ stands
2\$ Spaghetti dinner
Éducazoo
And much more!**

**20+ kiosques
Repas spaghetti à 2\$
Éducazoo
Et bien plus!**



L'ÉCOLE AU COEUR DE LA COMMUNAUTÉ

A school at the heart of the community

Une invitation de la Table de concertation jeunesse
de la région de Châteauguay

An invitation from the Youth Round table
of the Chateauguay region



MERCREDIS COMMUNAUTAIRES

Héritage Saint-Bernard

Organic apple pick-your-own



Autocueillette au verger biologique ©Alexandre Séguin3

A colourful autumn at Héritage Saint-Bernard !

U-pick "zero plastic" apples at the organic orchard!

Verger de l'île Saint-Bernard (480 Bd D'Youville, Châteauguay)

Starting Saturday, September 16, families are invited to come pick nearly fifteen varieties of certified organic apples at the orchard on Saint-Bernard Island!

A new 'zero plastic' pilot project encourages visitors to bring their own reusable bags, an initiative to reduce waste generation in order to preserve natural environments.

Every day from 9am to 5pm, while resources are exhausted.
Price at weighing: \$1.40/lb of apples.

Information: ilesaintbernard.com/autocueillette



Héritage Saint-Bernard

Special family activity for Halloween – Pirate Island!

Family activity Sunday, October 29, from 10 a.m. to 3 p.m. at Refuge faunique Marguerite-D'Youville (480 Bd D'Youville, Châteauguay)

The pirates of St. Bernard Island have been bewitched by fantastic creatures and need assistance! Young and old are invited to show courage and help them in exchange for well-deserved rewards!

This fun activity is ideal for families with young children. Participants can of course dress up to participate to the many games and challenges organized especially for the occasion.

REWARD CHALLENGE ▪ GAMES ▪

*Regular entrance fee to the shelter only.

*Free activity, no reservation.

Information : ilesaintbernard.com/halloween-ile-aux-pirates



Pirate Island, special Halloween©activity Heritage Saint-Bernard

Héritage Saint-Bernard

A life-size search and find

4 weekends of nature discovery at the Fernand-Seguin Ecological Centre (257 Fernand-Seguin Street, Châteauguay)

Join us on Saturdays and Sundays, from September 30th to October 22nd.

Our environmental education team offers you four Weekends of observation of autumn fauna and flora, while browsing the trails of the Fernand-Seguin ecological centre, equipped with a booklet "cherche and find".

This activity, ideal for families, is free of charge.

From 10 a.m. to 3 p.m. No reservation required.

The reception chalet is open between 9 a.m. and 5 p.m.

Information : www.cefseguin.com/cherche-et-trouve



White-tailed deer at the Marguerite-D'Youville©Wildlife Refuge Alexandre Séguin



Raccoon observed during autumn©Heritage Saint-Bernard



About Heritage Saint-Bernard

A non-profit organization for nearly 35 years, Héritage Saint-Bernard is positioned as a regional player contributing to the conservation of natural environments, responsible economic development and citizen awareness of environmental and climate issues.

Halloween's security advises



To keep Halloween a day of surprises and fun, here are some tips to put into practice:

- Costumes should be light-coloured and flame resistant with reflective strips so that children are more easily seen at night.
- Explain to children that calls should be made along one side of the street first and then the other, and that it's best to cross the street only at intersections or crosswalks.
- Trick or Treaters should travel in groups of four or five. Young children should be accompanied by an adult.
- Visit homes that have the porch light on.
- Make sure children know they should accept treats at the door and must not get into cars or enter the homes or apartments of strangers.
- Remind children not to eat their treats and goodies until they are examined by an adult at home. And candy should not be eaten if the package is already opened. Small, hard pieces of candy are a choking hazard for young children.

Reference : <https://www.croixrouge.ca/cours-et-certificats/conseils-et-ressources-de-secourisme/conseils-de-secourisme/conseils-de-securite-pour-l-halloween>

Note that there is a wide selection of low-cost Halloween costumes at Entraide Mercier at 959 Saint-Joseph Street in Mercier.

